# NDIS Workforce Capability Framework

## What’s the Career Options Guide?

### A text-only Easy Read fact sheet

## How to use this fact sheet

The NDIS Quality and Safeguards Commission (NDIS Commission) wrote this fact sheet.

When you see the word ‘we’, it means the NDIS Commission.

We wrote this fact sheet in an easy to read way.

We have written some words in **bold**.

This means the letters are thicker and darker.

We explain what these words mean.

There is a list of these words on page 6.

This text-only Easy Read fact sheet is a summary of another fact sheet. This means it only includes the most important ideas.

You can find the other fact sheet on our website.

[workforcecapability.ndiscommission.gov.au/tools-and-resources/Factsheets](https://workforcecapability.ndiscommission.gov.au/tools-and-resources/Factsheets)

You can ask for help to read this fact sheet.

A friend, family member or support person may be able to help you.

## What’s in this fact sheet?

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## What’s the NDIS Workforce Capability Framework?

The NDIS Workforce Capability Framework explains what we expect from the **NDIS workforce**.

We call it the Framework.

The NDIS workforce is the group of people who:

* provide services to **participants**
* support them in their daily lives.

Participants are people with disability who take part in the NDIS.

The Framework helps the NDIS workforce understand:

* how to provide good quality support
* the skills they need
* the **attitudes** they need to have.

Your attitudes are what you think, feel and believe.

The Framework can also help participants explain how they want to receive support.

## What’s the Career Options Guide?

The Career Options Guide is part of the Framework.

In this fact sheet, we call it the Guide.

The Guide can help workers understand different **career** options.

Your career is the path you take in the area of work you choose.

The Guide explores how workers can:

* find other types of support work
* focus on a certain type of support.

The Guide also explores how workers can:

* focus on what support each person needs
* become a leader or manager.

It gives information about the skills workers need for different career options.

It also helps workers understand the next steps in building a career.

You can find the Guide on our website.

[workforcecapability.ndiscommission.gov.au/tools-and-resources/career-development](http://workforcecapability.ndiscommission.gov.au/tools-and-resources/career-development)

## How do you use the Guide?

Workers can use the Guide to find out more about different career options.

For example, Bill wanted a career in disability support but he wasn’t sure about:

* what career he wanted
* his skills.

He used the Guide to:

* learn about his interests
* get tips about building a career.

Bill decided he wants a career in supporting people with **psychosocial disability**.

A psychosocial disability affects your mental health.

The Guide gave Bill information about how to plan his next steps.

Bill also used the NDIS Workforce Capability Framework.

It helped him understand what he needs to do to support someone with psychosocial disability.

You can find the Framework on our website.

[workforcecapability.ndiscommission.gov.au/framework](http://workforcecapability.ndiscommission.gov.au/framework)

## Word list

**Attitudes**

Your attitudes are what you think, feel and believe.

**Career**

Your career is the path you take in the area of work you choose.

**NDIS workforce**

The NDIS workforce is the group of people who:

* provide services to participants
* support them in their day-to-day lives.

**Participant**

Participants are people with disability who take part in the NDIS.

**Psychosocial disability**

A psychosocial disability affects your mental health.

## Contact us

You can call us from 9am to 5pm, Monday to Friday.

If you live in the Northern Territory, you can call us from 9am to 4.30pm.

You can call us.

**1800 035 544**

You can send us an email.

[contactcentre@ndiscommission.gov.au](mailto:contactcentre@ndiscommission.gov.au)

You can write to us.

NDIS Quality and Safeguards Commission  
PO Box 210  
Penrith  
NSW 2750

You can go to our website.

[workforcecapability.ndiscommission.gov.au/framework](http://workforcecapability.ndiscommission.gov.au/framework)

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**133 677**

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